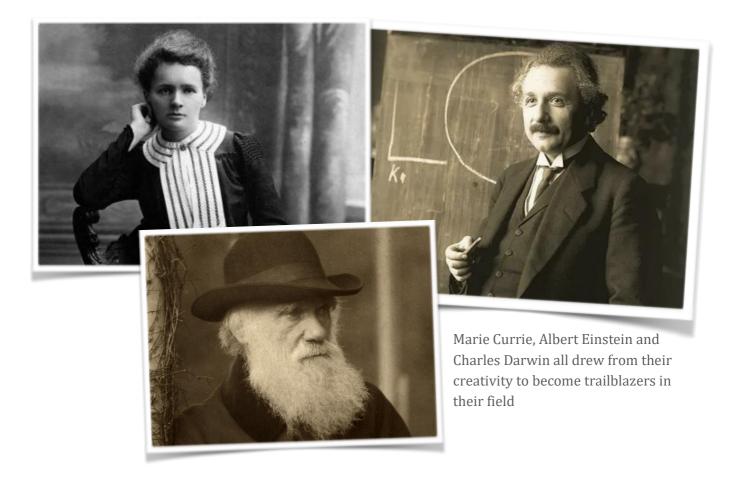
# Learning Through Creativity

# Introduction: Creativity in All Fields



Creativity is often associated with artists, designers, and musicians, but in reality, it is a fundamental element of success in all vocations. Scientists, engineers, mathematicians, and even entrepreneurs rely on creative thinking to push boundaries and find solutions to complex problems. Some of the most groundbreaking discoveries in history have come from individuals who dared to think differently.

Albert Einstein, for example, was not just a physicist but a deeply imaginative thinker who visualised complex scientific concepts in his mind

before proving them mathematically. Marie Curie, a pioneer in radioactivity research, had to think creatively in both her experimental techniques and in navigating a scientific world that was largely closed off to women. Charles Darwin's theory of evolution was born from years of careful observation and an ability to see connections where others did not. These individuals were not only visionaries but also risk-takers, often facing scepticism, ridicule, and resistance from their peers. Their success was not simply due to intelligence but to their ability to question, imagine, and persist—hallmarks of creative thinking.

Yet, despite creativity being a driving force behind human progress, it can be undervalued in education, particularly as children advance through the school system. Early years education, however, provides a unique opportunity to nurture creativity at its roots.

#### The Role of Play and



## **Creativity in Early Learning**

A skilled early years teacher understands that play is not just entertainment—it is how children make sense of the world. Through open-ended play, children learn to solve problems, invent scenarios, and experiment with their surroundings. Play-based learning helps to develop self-confidence, resilience, and emotional well-being by

allowing children to take risks, test limits, and push past

anxieties in a safe and rewarding way.

Julie Smailes 4 May 2025



Risky play—such as climbing, balancing, or engaging in imaginative role-play—builds both physical and psychological strength. These experiences teach children perseverance, adaptability, and

creative problem-solving. A good early years teacher observes, researches, and instinctively understands the importance of allowing children the freedom to explore their world, guiding them without imposing rigid structures that might limit curiosity.

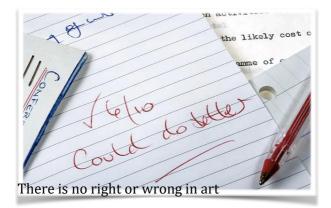




However, as children move through the education system, the emphasis on structured learning can sometimes come at the expense of creative exploration. Subjects become more compartmentalised, and the freedom to experiment is often replaced with a focus on predefined outcomes.

Nowhere is this tension more apparent than in the teaching of art.

### The Challenge of Teaching Art in Later Years



Teaching art in primary school presents unique challenges. Unlike subjects with clear right and wrong answers, art requires a balance between structure and self-expression. Some teachers, influenced by the broader culture of assessment, find it difficult to measure

progress in creativity without falling into the trap of judging artwork based on personal taste or predefined notions of what "good" art should look like.

Social media, while a fantastic tool for sharing creative ideas, has also

contributed to a culture of anticreative practices in art education. Many online tutorials encourage a step-by-step approach, leading children to replicate a specific, aesthetically pleasing outcome rather than explore their own ideas. While these activities can build confidence in technique, they risk suppressing originality and turning art lessons into exercises in mimicry rather than self-expression.



Focusing on the process can become anti-creative

#### Freedom of expression

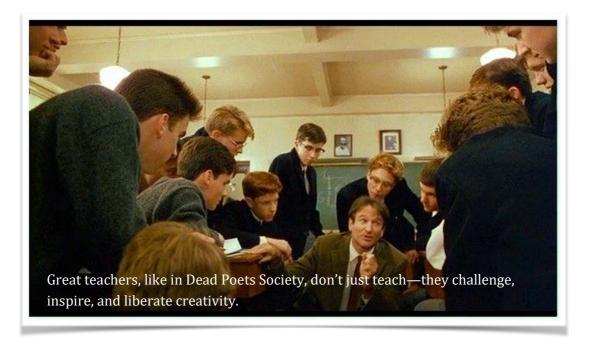


A truly creative art lesson is complex and, at times, counterintuitive. It requires teachers to provide enough structure for skill development while also allowing enough freedom for personal expression. It challenges teachers to assess creativity not by how "pretty" a piece looks but by the thought process behind it—was the child engaged?

Did they take risks? Did they try something new? This balance is difficult to strike, but when achieved, it allows children to develop the creative problem-solving skills that will serve them across all areas of learning.

#### **Conclusion: The Power of a Creative Teacher**

Most of us can remember a teacher from our past who truly inspired



us—someone whose lessons stuck with us for life. More often than not, those teachers were creative in their approach, experimenting with different ways to engage and challenge their students. They understood

how to balance structure with freedom, how to encourage curiosity, and how to make learning an experience rather than just a task.

Great teachers draw upon their own creativity to make learning meaningful. Similarly, children who are given opportunities to think creatively and solve problems in innovative ways are more likely to succeed in school and beyond.



Art education plays a vital role in this process. More than just a subject, art provides children with a space to develop the creative muscle that is essential for critical thinking, resilience, and innovation. A well-delivered art class does more than teach children how to paint or draw—it teaches them how to approach challenges with imagination and confidence.

As educators, we must recognise that creativity is not an "extra" but a fundamental part of learning. By nurturing creativity in all subjects, we empower children to become the thinkers, problem-

solvers, and pioneers of the future.